

CURVELAKEFN NEWSLETTER



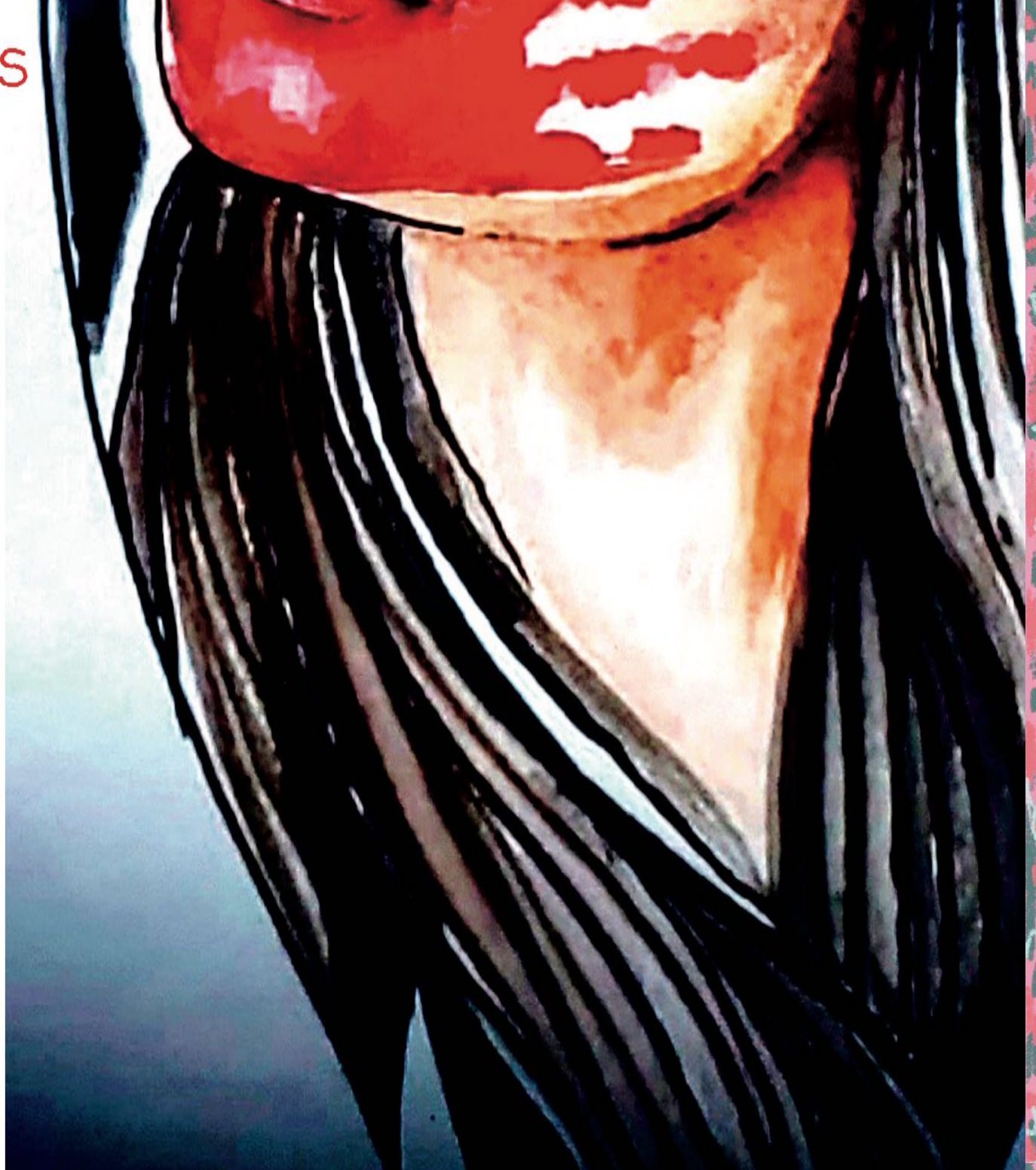
MAY 2022

CURVELAKEFIRSTNATION.CA

Remember
our
stolen sisters.
We must seek
JUSTICE, raise
our voices
for our
abused,
murdered
and missing
sisters,
our Kwewug.



NATIONAL MMIWG2S
DAY IS MAY 5TH



CURVELAKE FN

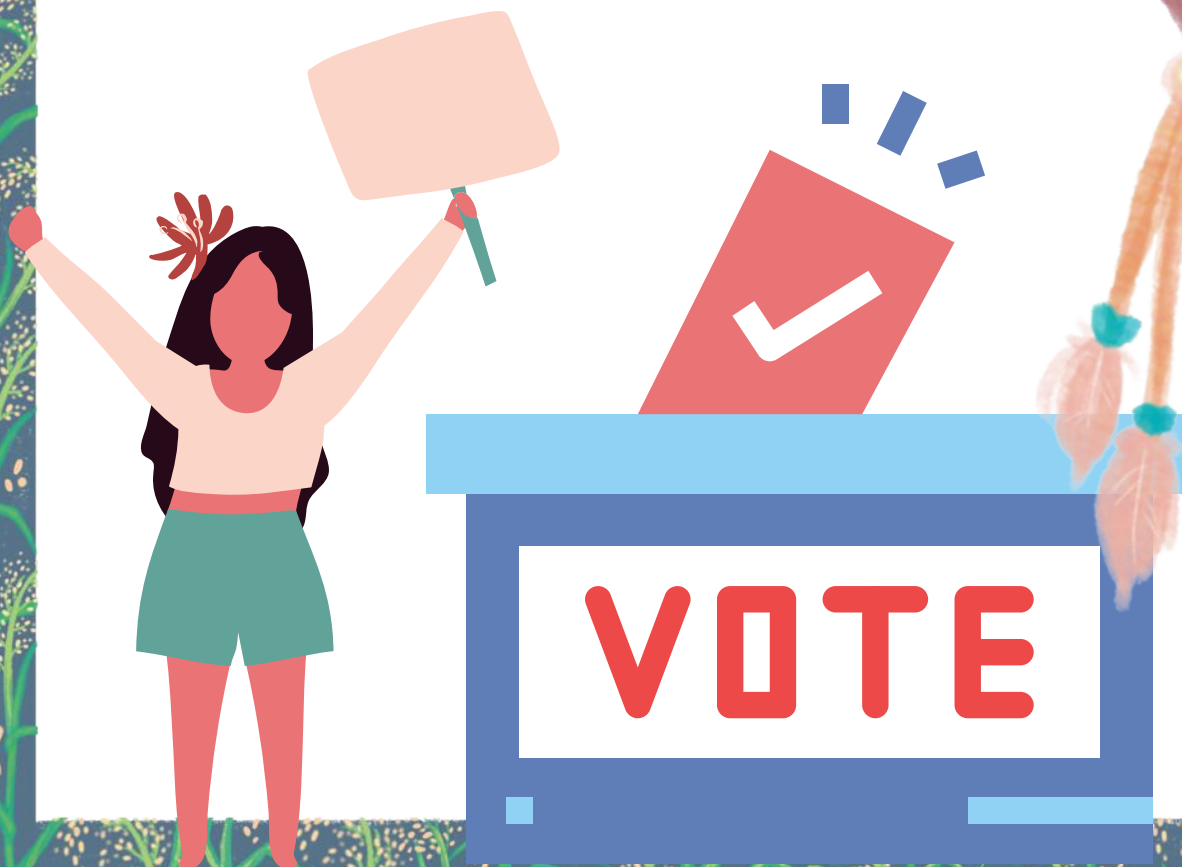
ELECTION NOMINATIONS

MAY 9 | 6 PM – 9 PM

CLFN

COMMUNITY

CENTRE



Aaniin Curve Lake

Please join us in congratulating Mikayla Williams, who has been selected to represent Team Ontario at the upcoming National Aboriginal Hockey Championships in Membertou First Nation, Nova Scotia, from May 7 to the 14. CLFN will be cheering you on, Mikayla! Details about Mikayla's games can be found further in our newsletter. We have much to celebrate in the achievements of our community members – please continue to send this information to us, and we will keep sharing!

A quick note about the Water Class Action – this is a process similar to the Residential and Indian Day School claims. Everyone who lived in our community for at least a year between June 2015 and August 2018 needs to submit a claim through the claims process. Curve Lake Administration is not distributing funds. If you need assistance filling in a claim form, we will have some evening sessions to support filling the claim out. Please watch our newsletter and your email for those dates!

This May newsletter holds some additional significance for me as I will write to you as Chief of Curve Lake for the second-to-last time. I had shared at our community meeting that I would not be running in our next election. I wanted to share my gratitude with all of you again this month—Miigwetch for trusting me with the leadership of our community. Three years ago, we had no idea we would face a global pandemic, and I have so much gratitude for being able to help us navigate through these times with the skills our community helped me to achieve. You may not be aware, but for nearly two years, every waking moment was dedicated to finding ways to support our community. I am so lucky for the love and support you have shared with me and the many ways my family stepped in to take care of my children. I now need to dedicate the majority of my time to them. So, with a full but heavy heart, I am sharing my decision to step back from community leadership for the time being. I will not be standing in our next election.

I also want to share with you the wisdom that Chief Keith Knott shared with me: Once you are elected Chief, you share in the responsibility of our community forever. I am also sharing that I will be here to support all leaders in our community into the future. I will continue to be here to listen and help our members whenever I am needed.

CHIEF EMILY WHETUNG
EMILYW@CURVELAKE.CA
705-760-4945



BULKY ITEM DAYS

CLFN Member Households Only

Drop-off & Pickup



MAY 14TH - 18TH

★ **CURBSIDE COLLECTION MUST BE OUT ON MAY 16** ★

ITEMS THAT ARE ACCEPTED FOR PICK-UP

Air conditioner	Furnace
Air hockey table	Garden tools
Bath tub	Golf cart
BBQ (no propane tanks)	Humidifier
Bicycle	Ladder
Box spring/bed frame	Laundry tub
Chair (any type)	Lawn mower
Change table	Lounge chair
Chesterfield, Sofa and Chairs	Love-seat
Crib	Outdoor furniture
Desk	Patio umbrella
Dishwasher	Piano/organ
Dresser	Planter
Dryer	Pool cover
Entertainment centre	Refrigerator
Exercise equipment	Shower stall
Exhaust hood	Sink
Filing cabinet	Snow blower
Floor lamp	Stove
Freezer	Swing set
Wood stove	Table (any size)
Water heater	Televisions, Computers
Mattress	Electronics
	Toilet
	Washing machine
	Metal storm/screen door
	Microwave

NOT ACCEPTED ITEMS

Fluorescent Tubes, bulbs
Propane tanks
Construction and demolition waste
Tires or other automobile parts
Fuel tanks
Metal garage doors
Mirrors, windows
Stones, blocks, bricks, aggregate
Roofing materials
Cupboards, cabinets, wooden doors
Above ground pools
Fencing (wood or wire), fence stakes or posts
Outdoor storage sheds
Dog houses
Hot tubs
Stumps, brush and leaves.

Loose items will not be picked up unless tagged and placed out with regular garbage in clear bags

On Earth Day in April, we saw staff and community members come together to work towards the common goal of cleaning up the litter along Mississauga Street. So many community members take time out of their busy lives to stop and clean up the sides of the road each year, and we want to take a moment to recognize their efforts and say Chi-Miigwetch for all that you do to keep the community clean. We'd also like to remind everyone that we are truly fortunate to be surrounded by natural woods and waterways and that we all must do our part to keep the community clean, not just on Earth Day, but every day.

As the community sees more traffic during the summer months, and with the changes that have arisen due to the recent developments at the entrance to Curve Lake, we've been working with the County of Peterborough to come up with a plan to ensure that we have safe roads and access to businesses. This plan, which was presented to council in April for review, included traffic counts and traffic slowing considerations as well as short-term and long-term solutions. We are committed to working with the business community to ensure that this plan is put into action.

CHIEF OPERATING OFFICER
KATIE YOUNG-HADDLESEY
KATIEYH@CURVELAKE.CA
705-657-8045



MOTHERS DAY CELEBRATION



Friday May 6th, 2022
4:00 - 8:00 pm at:
Curve Lake Community
Centre and Health Centre



- Mother's only, no children or spouses please
- Sessions are 20 minutes long

COMMUNITY CENTRE

Hair Sylists
Nail Polish Applications
Brow Waxing
Photographer

HEALTH CENTRE

Tea Leaf
Tarot Card Readings
Reiki Massage
Massage



COVID 19 PROTOCOL IN PLACE

Sign up for services will begin at 4:00 at the
Community Centre with first appointment at 4:20
Non-Status are welcome to join for a small fee



MINO-BIMAADIZI MINWAA DNAAGDAWENMAG

HEALTH & FAMILY SERVICES

7 0 5 - 6 5 7 - 2 5 5 7



Hooray for May! We are pleased to share that we continue to take steps into a new normal. This month, we will celebrate Mother's Day in a manner more reminiscent of a time pre covid - with a self-care day for mothers where they can be pampered!

In April, we were happy to see the many people who came out to the Easter celebration; we served more meals this year than ever before. The Easter bunny was out in full force, and all 20 of our golden eggs were found! Congratulations to everyone who found an egg and spun the wheel for a prize.

We also want to thank everyone who beautified the community by coming out to support our Earth Day clean-ups! We filled a pickup truck with garbage from our ditches and roadways; thank you to public works for helping us dispose of the waste.

April also saw us roll out our community's fourth dose vaccine clinic, and we were pleased to have vaccinated more than 100 people. We will be offering an additional date in May for vaccination for those who may have missed the opportunity and encourage everyone who may still need a dose of vaccine to not wait on us but use the Provincial booking system to secure their appointment even quicker! This will be key for us to continue reopening and resuming our regular programs and services.

May is a great month, and we hope you will celebrate each day with us. May 2 to May 8th is Mental Health Week, and we encourage you to reach out to our mental health and wellness team if you need some support – you matter, your wellbeing matters, and you are not alone. If you need to talk, we're here.

We also want to recognize our community nurses and encourage you to send them a word of thanks as May 12 is International Nurses Day. A great opportunity to say Chi' Miigwetch to the nurses in our lives and those who work in our community – Alisa, Rebecca, Samantha and Sarah!

We continue to have our regular monthly programming, including weekly youth drop-ins, men's group, and women's group. We are also happy to be having live karate classes once again and will be splashing in some live fitness classes with CARA and Jodie Mulder.

Finally, we will be winding down the month by recognizing May 31st, World No Tobacco Day, a day focused on quitting and reducing recreational tobacco use. If you are ready to change your smoking, vaping, or chew habits, don't be afraid to reach out to either Joanne or Steve, who can help you reduce your intake & change your behaviours!

Wellness Challenge

Mental Health Week is May 2 - 8
We challenge you to participate!

LAUGH

Tell us what you did today to bring humor/laughter to your day.

GET YOUR GROOVE ON

Tune in, share a song that helps you to relax and feel joy.

BE YOURSELF

Tell us what you like about yourself, share a picture of your amazing self.

PRACTICE GRATITUDE

Look for the good in your day. What are you thankful for today.

BE KIND

What act of kindness did you do today? Tell us how you made someone's day.

GET ACTIVE

Did you move today? Tell us a creative way you fit exercise into your day.

EAT HEALTHY

What healthy foods did you eat today? Share your healthy recipe.

TUNE INTO WELLNESS

Share the title of a wellness Ted-Talk/Podcasts/YouTube

MAKE A PICNIC/EAT OUTSIDE

Share the Who, What, Where, Why!

NO NEGATIVITY

When you notice yourself feeling negative, turn it into a positive for one day.

WATCH A SUNRISE/SUNDOWN

Share the Who, What, Where, When, Why.

Please hand in submissions by May 27, 2022 to Courtney 705-927-0344 CourtneyT@curvelake.ca

Healthy Babies Healthy Childrens Program Presents:

Mother's DAY CRAFT

*Someone will need to help your child with the craft so they can give it to you for Mothers Day!
Pick Up/Drop Off: May 2nd

To sign up please contact Melanie at 705-657-2557, melaniek@curvelake.ca or text 705-772-8930

May

Women's Wellness Group Calendar

3rd Mini Spring Signs

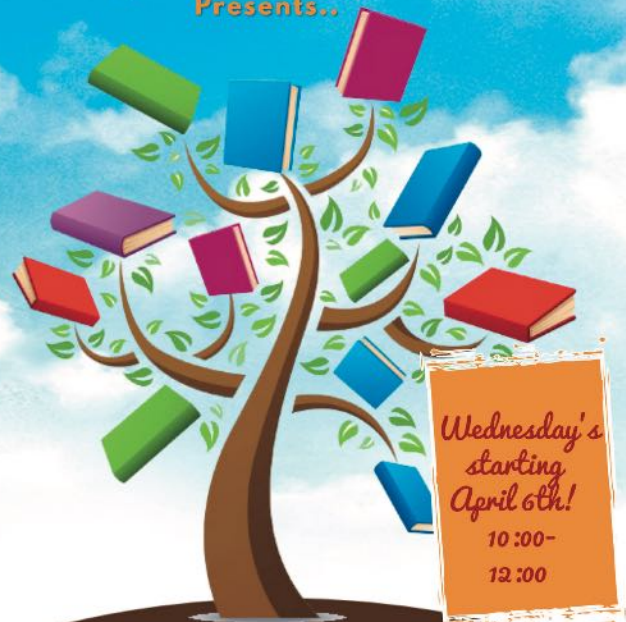
17th Mini Feather Head Dresses You will need:
Pliers
Glue

31st Vegetable Planting You will need:
Paint Brush
Glue

<https://meet.goto.com/251484909>
Canada: +1 (647) 497-9391
Access Code: 251-484-909

Contact the CLFN NNADAP worker today to sign up
Bailey Taylor
BaileyT@curvelake.ca
705-957-4413 (work cell)
705-657-2557 x 427 (office)
clfn nnadap (facebook)

Healthy Babies, Healthy Children Presents...




Wednesday's starting April 6th!
10:00-
12:00

WALK TO READ

EXERCISE AND LITERACY IS A IMPORTANT ROLE IN YOUR CHILDS DEVELOPMENT AND WE WOULD LIKE TO ENCOURAGE YOU TO GET WALKING AND READING WITH OUR WALK TO READ PROGRAM.

WE WILL BE SET UP AT LANCEWOODS PARK ON WEDNESDAY AND CAN'T WAIT TO SEE YOU AND YOUR LITTLE ONE OUT WALKING!!!

For more information please contact Melanie at 705-657-2557 or 705-772-8930 melaniek@curvelake.ca



G'KINOO'AMAADIWIN EDUCATION

7 0 5 - 6 5 7 - 3 6 7 2



Education Week is recognized annually during the first full week in May. It is a time for students, teachers, and parents to celebrate teaching excellence and student achievement. This year the celebration occurs from May 2nd to 6th. Congratulations to all teaching staff, support staff, students, and families on enduring another year of uncertainty and challenges. Despite the situation, we have seen wonderful learning experiences happen and express our appreciation to all involved.

The administration staff have moved into the offices at the new location on Chemong Street South. The offices are temporary until the new school is complete and all of Education is housed in one building. Indigenous Services Canada is reviewing the completed Pre-Build study, and the department anxiously awaits the go-ahead for the design phase.

Work will continue behind the school on an outdoor education space. Fencing will be installed, and a team will be cataloguing flora and fauna, identifying native plants and trees to the area. Once complete, the students and staff will have an outdoor learning space to enhance land-based learning.

OELC and CLFN school children now have walleye eggs in the micro-hatcheries. School students participated in milting male walleye to fertilize the female's eggs (waaknag) with Sherri MacDonald, Krista Coppaway and Emilee Jacobs. They are monitoring the water temperatures to determine the importance of water temperature on hatching.

Please watch out for our little ones at the OELC as the weather warms and staff begin to take them for walks in the community. We ask that families be patient with staff as we accommodate children while addressing limited capacity due to Ministry licensing.

As the weather warms, the language and culture team will begin preparing Kutang Island for summer programming. Language and cultural teachings are currently being taught in the new tee-pee on the School-age yard.

Please reach out to our Provincial team, Jeanette Hunter, Rhonda Sager, Rachel Heard and Patricia Gallagher. We welcome Patricia to the TASSS team. Staff can assist your children, grades 4-12. The next couple of months can make a difference in your child's education, and there is no time like the present to make improvements. Plans are underway for a celebration of graduates; please monitor CLFN social media for further information.

Post-Secondary applications for funding assistance were due on April 29th. If you applied, you should hear from us by mid-May. Please feel free to reach out to Jeanette Hunter for information or assistance.



A NISHINAABEMAAWANJII' IDIIWIGAMIG **CULTURAL CENTRE** **7 0 5 - 6 5 7 - 2 7 5 8**



Aaniin, Oshkiig'mong, the Cultural Centre staff hope everyone has had a great introduction to Mnokimi (springtime) and Zaagibagaa Giizis (Budding Moon)!

After a successful season in the Ziisbaakdakaaning (Sugar Bush), the Cultural Centre is proud to have collected and boiled enough sap to make some delicious, traditional ninaatigo-ziigwaagmido (maple syrup) for the community. We were able to jar and distribute enough to share with the community on Pancake Day for Easter and still have enough left over to distribute to the elderly in our community first.

Remember keep an eye out for information about distribution to the rest of the community! A gchi-miigwetch to Jack and community volunteers for all of their hard work to create this tasty traditional treat!

With the coming of warm weather, we also have the seasonal opening of some of our affiliated organizations and museums. On May 13th, Petroglyphs Provincial Park opens for the season with some additions to their museum area and replica artifact displays. This year there will be a larger map display of the Petroglyphs to ensure visual accessibility, recreations of traditional arts and crafts, a new informational booklet, and more new displays to come! Remember, First Nations never have to pay a parking fee to visit the Petroglyphs, so this summer consider heading out to our community's sacred space and spend a day connecting with our Mshkaakimikwe (Earth Mother), all for free!

On May 24th, Lang Pioneer Village Museum is opening for the season and unveiling their long awaited Aabnaabin Camp exhibit! Through years of partnership, dedication, and hard work between Curve Lake, Hiawatha First Nation, and Lang Pioneer Village, the Aabnaabin Camp allows visitors to experience rich First Nations history, culture, lifestyle, and trade, and learn about the relationship between First Nations and early Settlers. A gchi-miigwetch to Tracey Taylor and Anne Taylor for their years of hard work to maintain Curve Lake's partnership with Lang, and to the accuracy, passion, and dedication they have put into the creation of the Aabnaabin Camp!

On April 28th and May 5th, we have a two-part workshop with Grandmother Kim Wheatley from Shawanaga First Nation, where she guides participants through practice of tanning fish skins in an effort to reclaim and re-introduce ancestral harvesting practices of our people. This workshop is a great way to learn about using every part of animals we harvest, and honour their body and spirit, which is especially important during the seasonal fish runs. On May 10th and 14th, the Cultural Centre is hosting another session of our Genealogy workshop series, where we will take a dive into Dr. Dunford's genealogy website. If you're interested in learning a little bit about your roots and family history, this workshop may be for you! Contact Tracey at TraceyT@curvelake.ca to register or learn more about upcoming workshops.

In addition to community workshops, the Cultural Centre has been continually providing Land Acknowledgement workshops to groups and organizations that are looking for some more information on Anishinaabe history and culture – these have been a big hit! North Kawartha has completed their Land Acknowledgment workshop series, and up next to dive deep into our culture are secondary schools of the Trillium Lakelands District School Board. We are so excited to be sharing this valuable information with school boards and beyond. If you, someone you know, or an organization you're involved with would like to learn more about Land Acknowledgments, Michi Saagiig lifestyle, truthful Canadian history, and much more, don't hesitate to reach out to Jack at JackH@curvelake.ca for more information!

The Cultural Centre would also like to put a call-out to community members for any artifacts, items, pictures, or videos related to our community, members, activities, or lifestyle in Curve Lake that you feel should be preserved or documented for the community. We are able to photograph, scan, and document anything of interest to add into our archival Axiell Program, which will be accessible to the public once complete. If you have anything you would like to share with the Cultural Centre or community, please contact Eliza at ElizaBT@curvelake.ca to learn more or schedule a time to meet.

Since Zaagibagaa Giizis is recognized as Water Month, let's all take some time to be thankful for the gift of nbi (water) and how it nourishes all life in the universe. You can show your respect and appreciation for nbi by saying miigwetch to the life it provides, offering semaa (tobacco), helping to keep our waterways clean by picking up litter along the shore, and not disturbing shoreline plants that help clean the water. Remember to never put anything into the water that wasn't already there, and to always practise water safety.

Also, did you know that nbi is said to influence Anishinaabemowin (the Ojibwe language)? In Oshkiig'mong, we have slow, soft flowing water that is said to have inspired a slower, softer dialect of Anishinaabemowin. How cool is that?

NO PAIN!

NO GAIN!



GROUP FITNESS CLASSES

SCHEDULE

Begins May 4

TUESDAY	7:15 AM	PILATES ON ZOOM ID: 853 0058 5259 PASSCODE: FITNESS	INSTRUCTOR JODIE MULDER
WEDNESDAY	6:00PM	OUTDOOR CIRCUIT SENIOR CENTER BACKYARD	INSTRUCTOR JODIE MULDER
THURSDAY	7:15AM	POUND ON ZOOM ID: 853 0058 5259 PASSCODE: FITNESS	INSTRUCTOR JODIE MULDER
FRIDAY	6:00PM	INSTRUCTORS CHOICE SENIOR CENTER BACKYARD	INSTRUCTOR JODIE MULDER
SATURDAY	12:30PM	POLE WALKING MEET AT SENIOR CENTER BACKYARD	INSTRUCTOR JODIE MULDER



MAY 5TH IS THE NATIONAL DAY OF AWARENESS FOR MMIWG2S

As a way to honor our MMIWG2S we are looking for donations of Red Dresses to replace the faded ones that already exist at the Health Centre MMIWG2S memorial.

If you have a Red Dress (any size) and would like to donate it please contact Marcie @ 705-768-1391 or by email @ MarcieW@curvelake.ca



HEALTHY BABIES, HEALTHY CHILDREN PORCH PLANTER



Wed May 4th

It's that time of year to get
your hands dirty & get
outdoors!!

Location: Griffin's Greenhouses
Time: 4-6

Please call (705) 657-2557, email
melaniek@curvelake.ca or text
705-772-8930 to sign up!!
Space is limited!

DOES YOUR CHILD WANT TO PLAY HOCKEY?
OR NEED EQUIPMENT?

KIDS GENTLY USED



HOCKEY

equipment distribution
AT 3 PUBLIC WORKS ROAD
May 10 & 12 at 5-8 pm

Skates, gloves, helmets, hockey pants, sticks, goalie gear!

Miigwetch to U11 A Ted Reeve Thunder team for donation!

COME CHECK IT OUT, LOTS OF EQUIPMENT!



EYESHCHIGEWAD KINA ECONOMIC DEVELOPMENT 7 0 5 - 6 5 7 - 9 4 5 5



The Economic Development and Tourism department have many opportunities coming up for the community to voice their opinion on tourism and development. We will have some surveys and community engagement sessions regarding Curve Lake's tourism vision and brand and the Community development of the Kidd property.

Also, look for the amazing greenhouse that will be going up at the Community Garden, which will house our seedlings and plants to come!

It's also that time of year to watch for the summer student positions that will come out in a separate newsletter very soon. Just to note, you can access the employment resource by appointment. Just give Stephanie Tripp a call at 705 657-9455 or email StephanieT@curvelake.ca to book your appointment.

Aanii! Shé:kon! Tawnshi! Kwey!

Peterborough Victoria Northumberland Clarington Catholic District School Board (PVNCCDSB) and Trillium Lakelands District School Board (TLDDSB) are thrilled to invite you to the launch of **Time Immemorial: An Indigenous Speaker Series on Thursday April 21, 2022 at 7pm featuring Niigan Sinclair**. During this virtual series Indigenous Elders, Scholars, Authors, and Knowledge Keepers will broaden and deepen our understanding of what it means to have been on this land since time immemorial.

registration
<https://bit.ly/timeimmemorialseries>

Time Immemorial is a phrase used in many Land & Territorial Acknowledgements. This series offers listeners the chance to more deeply understand what *time immemorial* really means. Our hope is that through this learning series participants will come to a place of critical reflection and are able to move the learning toward meaningful and authentic Acknowledgements on their own journey for truth, justice and reconciliation.

April 21, 2022
7:00 - 8:30 p.m.



Topic: Indigenous Literatures

Dr. Niigaanwewidam James Sinclair is Anishinaabe and originally from St. Peter's (Little Peguis) Indian Settlement near Selkirk, Manitoba. He is a regular commentator on Indigenous issues for CTV, CBC, and APTN. He is a columnist with the Winnipeg FreePress, an associate Professor with the University of Manitoba and a recovering high school teacher.

May 11, 2022
6:30 - 8:00 p.m.



Topic: Restoring our Relationships with the Land

Dr. Robin Wall Kimmerer is a mother, scientist, decorated professor, and enrolled member of the Potawatomi Nation. She is the author of *Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants*, which has earned Kimmerer wide acclaim. Kimmerer lives in Syracuse, New York, where she is a SUNY Distinguished Teaching Professor of Environmental Biology. As a writer and a scientist, her interests in restoration include not only restoration of ecological communities, but restoration of our relationships to land. She lives on an old farm in upstate New York, tending gardens both cultivated and wild.

May 26th
7-8:30pm

Topic: The Importance of Indigenous Languages
Speakers TBD

June 9th
7-8:30 pm

Topic: Treaty - Williams Treaty & Treaty 20
Speakers TBD

June 23rd
7-8:30 pm

Topic: Allyship
Speakers TBD

Should you require additional information, please contact Mike Mooney at 705-748-4861, Ext. 1257 or mmoney@pvnccdsb.on.ca.

NALOXONE FREE KITS

May distribution/training dates listed below

Naloxone (pronounced na-LOX-own) is a fast-acting drug used to temporarily reverse the effects of an opioid overdose

Naloxone can restore breathing within 2 to 5 minutes

Kits expire and should be replaced after 18 to 24 months

May's drop in days for Naloxone training/kit distribution and exchange:

May 13th & 27th 1-4PM @ the old seniors building

Drop into 26 Nibigishmoog st [old seniors building] from 1-4PM for in person training/kit distribution/exchange - cannot make it? thats okay. Contact the clfn nnadap worker to book your own 1-1 appointment

Bailey Taylor
BaileyT@Curvelake.ca
705-957-4413 (cell)
705-657-2557 x 427 (office)
FB - clfn nnadap

Contact CLFN NNADAP
worker today for your
training and free kit

CBT-Cognitive Behavioral Therapy

Information Session with
Krystina Nickerson from
Ontario Shores

*CBT can help people develop
strategies to cope with day to day
problems and change unhelpful
patterns.*

May 12, 2022

Virtually AT 6PM

Please Contact Courtney to
sign up!
CourtneyT@curvelake.ca
(705)927-0344

Tuesday May 17th

CHILDREN'S YOUTH NIGHT

IF YOU ARE 6 - 9 YEARS OLD PLEASE JOIN US TUESDAY MAY
17th AT THE CURVE LAKE COMMUNITY CENTRE FOR A PAINT
POUR CANVAS NIGHT

FOR MORE INFORMATION OR TO SIGN UP
PLEASE CONTACT LISA @ (705) 657-2557 or by
emailing LisaWJ@curvelake.ca



LANDS & RESOURCE CONSULTATION

7 0 5 - 6 5 7 - 8 0 4 5



Thank you to everyone who attended our First Harvesters Symposium and made it such a great success! The Consultation Department is looking to hold three symposiums this year! So, if you missed the first and wish to attend the next two, please keep your eyes open for material coming to the post office and the newsletter. The purpose of these symposiums is to hear from you and understand what issues you may be having and/or what information you need so that we can help your harvesting seasons run smoother.

The next symposium is proposed near the end of August, with dates to come. We are also in the process of compiling data, mapping and providing answers to some of your questions that were not fully addressed during the three days of our first symposium.

If there are topics or issues that you wish to see at the second symposium, please don't hesitate to reach out to Kaitlin Hill @ KaitlinH@Curvelake.ca or by phone at 705-657-8045.

And as always, at any time of the year, if you run into any issues, please don't hesitate to reach out to Kaitlin or Julie in the Lands and Resources Consultation Department.

Archaeology update

Happy start of the season to all the liaisons! We are thrilled to finally announce a training program to add to our team of liaisons this summer! Keep an eye out for the flyer.

Jordon MacArthur, our Archaeology Program Administrator, will leave in early May from Curve Lake. Thank you, Jordon, for your time, and good luck in future endeavours. Until the position is filled, we will still run the program as best we can within Consultation. The primary focus will be to protect cultural heritage, ancestors, and sites by ensuring we keep our Cultural Heritage Liaisons active in the field. Happy May!

WAAWAASKONE GIIZIS FLOWER MOON



MONDAY

- 2** • LDPS GRAD PHOTO DAY
(GRADE 8 STUDENTS)
- WELLNESS CHALLENGE
- MOTHER'S DAY CRAFTS
- MENTAL HEALTH WEEK
- EDUCATION WEEK

TUESDAY

- 3** • PILATES 7:15AM
- WELLNESS CHALLENGE
- WOMEN'S WELLNESS GROUP
- MENTAL HEALTH WEEK
- EDUCATION WEEK

WEDNESDAY

- 4** • HBHC WALK TO READ
- HBHC PORCH PLANTER
4 – 6PM
- WELLNESS CHALLENGE
- FOODBANK 9AM – 12PM
- OUTDOOR CIRCUIT 6PM
- MENTAL HEALTH WEEK
- EDUCATION WEEK

- 9** • ELECTION NOMINATIONS
6PM – 9PM

- 10** • PILATES 7:15AM
- GENEALOGY WORKSHOP
- HOCKEY EQUIPMENT
DISTRIBUTION 5PM – 8PM

- 11** • HBHC WALK TO READ
- KINDERGARTEN TRANSITION
VISITS TO CLFN SCHOOL
- DAIRY BAG 1PM – 4:15PM
- TIME IMMEMORIAL 6:30 – 8PM
- OUTDOOR CIRCUIT 6PM

- 16** • BULKY ITEM DAYS

- 17** • PILATES 7:15AM
- HBHC MINDFUL EATING 7PM
- CHILDREN'S YOUTH NIGHT
- BULKY ITEM DAYS
- WOMEN'S WELLNESS GROUP

- 18** • HBHC WALK TO READ
- KINDERGARTEN TRANSITION
VISITS TO CLFN SCHOOL
- MEN'S BINGO 6PM
- GETSINYAAG BINGO 2PM
- BULKY ITEM DAYS
- OUTDOOR CIRCUIT 6PM

- 23** • VICTORIA DAY (OELC AND
ALL SCHOOLS CLOSED)

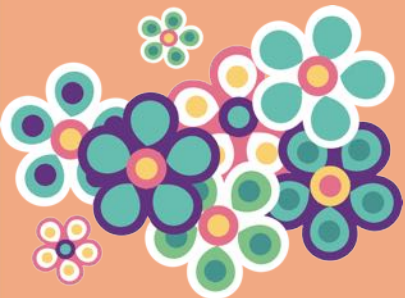
- 24** • PILATES 7:15AM
- LANG PIONEER VILLAGE
MUSEUM OPENS

- 25** • HBHC WALK TO READ
- KINDERGARTEN TRANSITION
VISITS TO CLFN SCHOOL
- PRODUCE BAG 1PM – 4:15PM
- OUTDOOR CIRCUIT 6PM

30

- 31** • PILATES 7:15AM
- WORLD NO TOBACCO DAY
- GETSINYAAG WASHER TOSS 2PM
- WOMEN'S WELLNESS GROUP

- 1** • HBHC WALK TO READ
- KINDERGARTEN TRANSITION
VISITS TO CLFN SCHOOL
- OUTDOOR CIRCUIT 6PM



MAY 2022

THURSDAY

- 5 • WELLNESS CHALLENGE
 - POUND FITNESS
- SOBRIETY CIRCLE 6 – 8PM
- COMMUNITY MARKET 10AM – 2PM
- NATIONAL MMIWG2S DAY
- MENTAL HEALTH WEEK
- EDUCATION WEEK

FRIDAY

- 6 • WELLNESS CHALLENGE
- KPRDSB AND PVNCCDSB SECONDARY PA DAY
- MOTHER'S DAY CELEBRATION 4PM – 8PM
- INSTRUCTOR'S CHOICE FITNESS 6PM
- MENTAL HEALTH WEEK
- EDUCATION WEEK

SAT

- 7 • WELLNESS CHALLENGE
- POLE WALKING 12:30PM
- MENTAL HEALTH WEEK

SUN

- 8 • WELLNESS CHALLENGE
- MENTAL HEALTH WEEK

- 12 • POUND FITNESS
- SOBRIETY CIRCLE 6 – 8PM
- COMMUNITY MARKET 10AM – 2PM
- CBT INFO SESSION 6PM
- HOCKEY EQUIPMENT DISTRIBUTION 5PM – 8PM
- INTERNATIONAL NURSES DAY

- 13 • PETROGLYPHS PROVINCIAL PARK OPENS
- CLFN SCHOOL PA DAY
- NALOXONE TRAINING 1PM – 4PM
- INSTRUCTOR'S CHOICE FITNESS 6PM

- 14 • BULKY ITEM DAYS
- GENEALOGY WORKSHOP
- CLFN VACCINE CLINIC
- POLE WALKING 12:30PM

- 15 • BULKY ITEM DAYS

- 19 • POUND FITNESS
- SOBRIETY CIRCLE 6 – 8PM
- POUND FITNESS
- COMMUNITY MARKET 10AM – 2PM
- YOUTH WELLNESS 6PM

- 20 • INSTRUCTOR'S CHOICE FITNESS 6PM

- 21 • POLE WALKING 12:30PM

22

- 26 • POUND FITNESS
- SOBRIETY CIRCLE 6 – 8PM
- COMMUNITY MARKET 10AM – 2PM
- YOUTH WELLNESS 6PM

- 27 • NALOXONE TRAINING 1PM – 4PM
- INSTRUCTOR'S CHOICE FITNESS 6PM

- 28 • H&FS FAMILY SESSION 10AM – 12PM
- POLE WALKING 12:30PM

29

- 2 • POUND FITNESS
- SOBRIETY CIRCLE 6 – 8PM
- COMMUNITY MARKET 10AM – 2PM
- YOUTH WELLNESS 6PM

- 3 • INSTRUCTOR'S CHOICE FITNESS 6PM

- 4 • POLE WALKING 12:30PM

5





CURVE LAKE

FIRST NATION

Development
Community

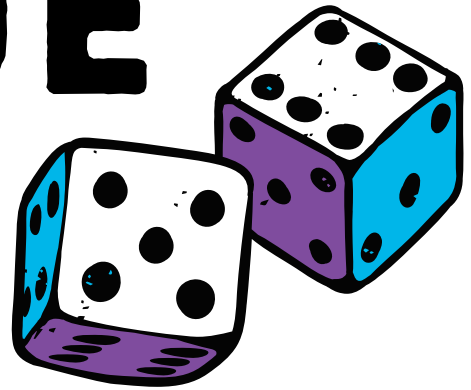
Health

Cultural
Development

Education

Economic
Development

QUALIFY FOR \$50,000 GAMING REVENUE FUND



HAVE AN IDEA? Let's turn it into reality!

OPEN TO CLFN MEMBERS 18 YEARS OR OLDER WHO
CAN INVEST 10% EQUITY INTO A PROJECT THAT:

BENEFITS THE CURVE LAKE COMMUNITY

IS COMPLETED IN ONE YEAR

HAS APPLIED FOR FUNDING ELSEWHERE

SK8LIT • Colour Run • Martial Arts • Inspire Conference • Ancestors
Memorial • Trapping Convention • Outdoor Skating Rink • Playground
Naturalization • SUP Boarding • Jeremy Memorial Fishing Tournament

SAMANTHAY@CURVELAKE.CA

Healthy Babies, Healthy
Childrens Program: Parents &
Caregivers

Mindful Eating

Take home meal provided and door
prizes!

Contact Melanie at the Health Centre to
sign up! Email melaniek@curvelake.ca,
705-657-2557 or text 705-772-8930

May 17th • 7:00 pm
Zoom Presentation



www.IDHC.life

Getsinyag 55+ BINGO

Game-Fun-Prize

Wednesday May 18, 2022

At 2:00 pm

Curve Lake Community Centre

Please contact Joanne at 705-657-2557 to sign up.
Covid-19 protocols in place. Masks required.



Men's Bingo

and
WELLNESS
CHECK IN

• GAMES • FUN • PRIZE

May 18, 2022/ START AT 6:00pm
Old Seniors Building

AWESOME
PRIZES

Contact Courtney to sign
up! (705)927-0344
CourtneyT@curvelake.ca

2022 UPCOMING Youth Wellness Night

May 19

Goal
Setting

Youth 10-12

May 26

Goal
Setting

Youth 13-19

June 02

Community
Vision Board

Youth 10-12

June 09

Community
Vision Board

Youth 13-19

Meet at the Seniors Building
6:00pm-7:00pm

Please sign up with Courtney

CourtneyT@curvelake.ca
(705)927-0344



Getsiinyag 55+ Washer Toss

Tuesday May 31, 2022
At 2:00pm
Lance Woods Park

Contact Joanne at 705-657-2557
to sign up.



**THANKS TO KATCHIWANO GOLF FOR
THREE YEARS OF FUN AND FITNESS**

**SHOW THEM YOUR CLFN STATUS CARD
AND RECEIVE 10% OFF YOUR GREEN FEE!**



THE GRF'S FREE GOLF PROGRAM HAS ENDED

Members wanting to create a similar program should contact
Sam Young @ SamanthaY@curvelake.ca & 705 657 8045



Food Bank
May 4th
9am-12pm

Dairy Bag
May 11th
1pm-4:15pm

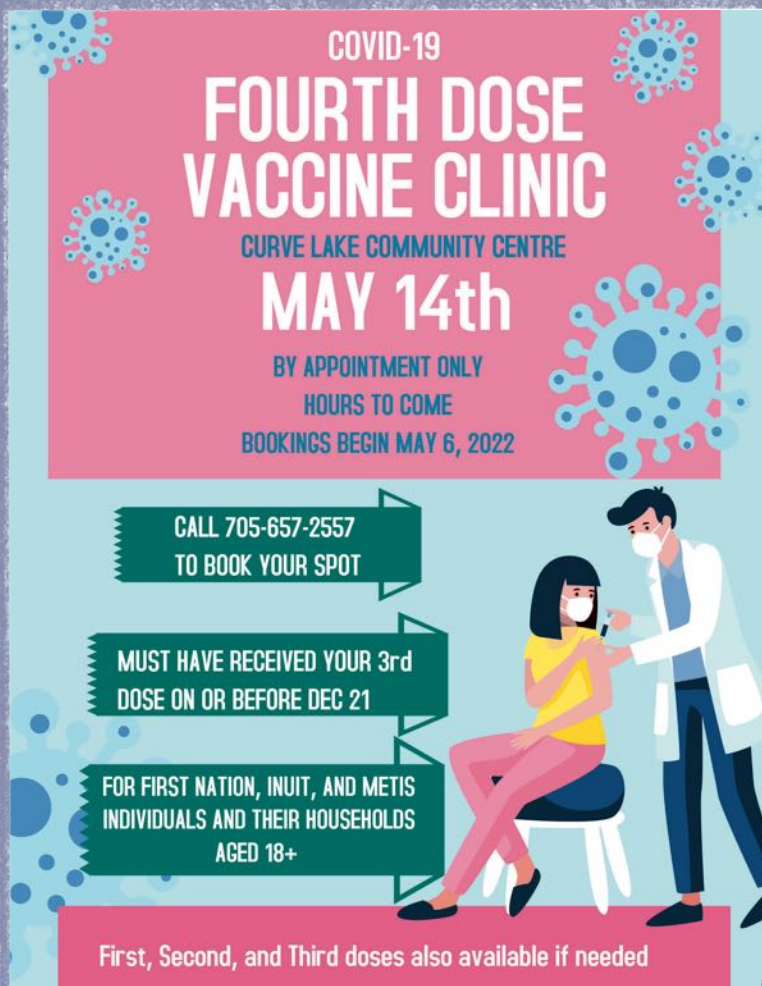
Produce Bag
May 25th
1pm-4:15pm

FOOD BANK MAY FLYER

**Mark your
calendars**



For more information, contact
the Food Bank:
Cell: (705)-957-3539
or Landline: (705)-979-2055



COVID-19
**FOURTH DOSE
VACCINE CLINIC**
CURVE LAKE COMMUNITY CENTRE
MAY 14th
BY APPOINTMENT ONLY
HOURS TO COME
BOOKINGS BEGIN MAY 6, 2022

CALL 705-657-2557
TO BOOK YOUR SPOT

MUST HAVE RECEIVED YOUR 3rd
DOSE ON OR BEFORE DEC 21

FOR FIRST NATION, INUIT, AND METIS
INDIVIDUALS AND THEIR HOUSEHOLDS
AGED 18+

First, Second, and Third doses also available if needed



17
DEFENCE

MIKAYLA
WILLIAMS

CLFN Member Mikayla Williams
was selected to represent Team
Ontario at the National Aboriginal
Hockey Championships!

Mikayla's round-robin games are:

May 9

11:15 a.m. vs Team Eastern Door and North
5:15 p.m. vs Team Saskatchewan

May 10

2:15 p.m. vs Team Manitoba

May 11

8:15 a.m. vs Team Atlantic.



Indian Residential Schools
Day Scholars

**NOTICE OF SETTLEMENT APPROVAL AND CLAIMS PROCESS
FOR INDIAN RESIDENTIAL SCHOOLS -- DAY SCHOLARS ONLY**

Did you attend an Indian Residential School as a student
during the day but not sleep there overnight?

OR

Did your parent attend an Indian Residential School as a
student during the day but not sleep there overnight?

OR

Are you the estate executor, administrator, trustee or
liquidator or the heir of someone who attended an Indian
Residential School as a student during the day but not sleep
there overnight and who died on or after May 30, 2005?

IF YOU FIT ANY OF THE ABOVE CRITERIA AND WOULD LIKE TO
APPLY FOR COMPENSATION OR REQUIRE FURTHER
INFORMATION ABOUT THE CLAIMS PROCESS, PLEASE CONTACT
MARCIE @ 705-657-2557 OR BY CELL @ 705-768-1391

INFORMATION AND CLAIM FORMS ARE ALSO AVAILABLE ONLINE @
WWW.JUSTICEFORDAYSCHOLARS.COM

CLAIM FORMS ARE DUE BY OCTOBER 4th 2023

PLEASE NOTE THIS CLAIM IS DIFFERENT FROM THE INDIAN DAY SCHOOL CLAIMS

We also recognize with great pride
several of our young hockey
players who are striving to reach
their goals, achieving great success
and who keep giving us things to
cheer for. Congratulations to Dalyn
Wakely of the North Bay Battalion
(OHL) who this year set the club
record for rookie scoring and
whose team just advanced
Eastern Conference Semifinals
Series. Also, Emerson Taylor and
Quinn Jacobs for being selected
by 3Nolans (Ted, Brandon, and
Jordan) to play on an All-
Indigenous spring team in Pro
Hockey Bauer Shootout May 6 – 8
in Toronto.



Gaa Wiikaa Banaadendan
Traditional Sobriety Circle runs
Thursdays from 6 PM - 8 PM

Please join from your computer,
tablet or smartphone!

global.gotomeeting.com/join/684401181
Phone-in: 1 (647) 497-9373
Access Code: 684-401-181



**FEDERAL
INDIAN DAY
SCHOOL
CLASS ACTION**

The Deadline to submit a claim
is July 13, 2022!

If you attended Mud Lake School or
Curve Lake School, not including day care,
before June 30 1978:
You could be eligible for compensation.

[Indiandayschools.com](https://indiandayschools.com)

Need help with your application?

Call Marcie!

705-657-2557



"Family is not an important
thing. It's everything."

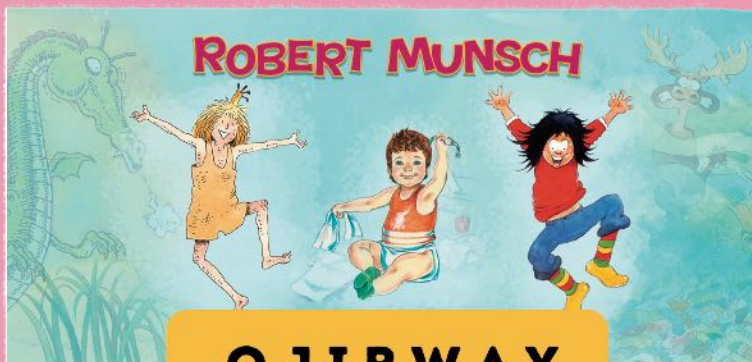
- MICHAEL J. FOX



Join our session
at the Curve Lake Community Centre
May 28th from 10 - 12

To understand how YOU can help support our families and
children through options such as becoming a Customary
Care Home, Fostering, offering Respite and more.

Attendees will have the opportunity to WIN a paddle
painted by Freddy Taylor and other awesome door prizes



OJIBWAY

TRANSLATED BY
CLFN LANGUAGE KEEPERS

\$15 PER BOOK
30 BOOKS TO COLLECT
\$450 FOR ALL BOOKS

PROFITS GO TOWARDS
CULTURAL CENTRE PROGRAMMING

TRACEYT@CURVELAKE.CA



ASYMPTOMATIC?

**GET THE COVID-19
RAPID ANTIGEN TEST**



**HAVE RESULTS IN
15 MINUTES**

**FREE FOR CURVE
LAKE RESIDENTS,
MEMBERS &
EMPLOYEES**

EVERY TUESDAY & THURSDAY

705-657-2557

If you have symptoms call 705-876-5086

MXF

**You can now change
the gender on your
status card to M, X Or F!**

CONTACT LOIS TAYLOR

705 - 657 - 8045

LOIST@CURVELAKE.CA

CLFN LIVING AND DECEASED ESTATES AWARENESS

Personal assistance with status member
Wills, Powers of Attorney and Estates

FREE ASSISTANCE WITH

Preparation of member & spouse Wills

Preparation of community member Powers of
Attorney for Property and Personal Care

Requesting amendments to current
Wills and Powers of Attorney

Completion of forms pertaining to Estates

Notifications of Death

Estate Inquiries

Thursdays & Fridays

NAANSII JAMIESON

NAANSIIJ@CURVELAKE.CA

(705) 957-7483 (705) 308-1973



Indigenous Veterans Initiative Initiative pour vétérans autochtones

1-800-465-7113 ext. 222 | info@lastpost.ca



Indigenous Veterans Initiative by Last Post Fund is providing grave
markers to Indigenous Veterans deceased for 5+ years lying in
unmarked graves, and adding traditional names to existing military
grave markers

Please contact Tracey at TraceyT@curvelake.ca or 705-657-2758 to
learn more


CHRONIC WASTING DISEASE INFO

This is a progressive, fatal disease of the central nervous system that attacks cervids (e.g. deer, moose, elk, and caribou). There is currently no treatment.

SIGNS AND SYMPTOMS*

Uncoordinated movements
Drooping head
Excessive thirst
Emaciated

Similar signs may be observed in other diseases.
*Sometimes no visible signs are shown.



CWD SAMPLING

Ontario tests wild deer and other cervids annually.

Since **2002**, Ontario has tested more than **14,000** wild deer and elk



And over **3,100** farmed deer and elk for the disease



CWD has not been detected



LOCATION

CWD has been found in 4 Canadian provinces:



Alberta Saskatchewan Manitoba Quebec

Also in 30 US states



LEGAL

CANNOT

Bring in most body parts (brain, spinal column, etc.) of cervids from other provinces or states.

Use products that contain bodily fluids from any cervids for any purpose, including hunting.



MUST

Hold a permit to transport live, captive cervids into, through or between points within the province.



CONTACT



If you see a sick deer, report it to the Canadian Wildlife Health Cooperative at 1-866-673-4781, the Natural Resources Information and Support Centre 1-800-667-1940, or email [cwg@ontario.ca](mailto:cwd@ontario.ca)



More information and details regarding CWD regulations at ontario.ca/cwd

Addiction

If you are struggling with addiction. We will be starting another Red Path Addictions Program designed by Whitpath consulting that will run once or twice a week depending on peoples needs.



This Program is intended to assist participants to identify the root cause of addictive behaviors and identifying traumas that influence violent and abusive behaviours.

This Group is open up to a total of six people and will take place at the former seniors building, the start date and time will be determined by the participants. Please Contact Courtney to sign up!



CourtneyT@curvelake.ca
(705) 927-0344

CULTURAL HERITAGE ARCHAEOLOGY TRAINING PROGRAM!



JULY 18 - AUGUST 5
more details to follow!

You can expect immediate employment following certification completion!
Limited spaces, free to Curve Lake Members



The Consultation Department is excited to announce we will be running the training program for Archaeology Liaisons this year! Training will be 2 weeks in class and 2 weeks in field. Class location TBD.

Please contact Julie at curvelake.ca or KaitlinH@curvelake.ca for details and to save your spot!

VOTERS LIST

IMPORTANT NOTICE FOR THE VOTERS LIST:

All members 18 and over as of June 20, 2022, will be on the voters list. If a loved one has passed away and you have not already done so, you can provide Curve Lake with a copy of the death certificate, certificate of cremation or burial permit to have their name removed from the voters list.

If you do not have a copy of these documents, contact:

Lois Taylor-Lippert, Membership Coordinator
705-657-8045 ext: 236

LoisT@curvelake.ca



ANISHINABEK VETERANS MEMORIAL GOLF TOURNAMENT

A Charity Golf Tournament benefiting Anishinabek Communities and Citizens

**HAWK RIDGE
GOLF CLUB**

1151 Hurwood Lane, Severn, Ontario

THURSDAY, JUNE 16, 2022

ON THE COURSE

18 holes of golf

Contests available:

- Longest Drive for the long ball hitters
- Closest-to-the-Pin for the sharp shooters
- Straightest Drive for those who like to keep it up the middle

PLUS

A free shot at incredible hole-in-one prizes!

ITINERARY

10:30-11:30am—Registration

12:00pm—Shotgun Start

(4-person scramble format)

5:30pm—Cocktail Hour & Silent Auction

6:00pm—Award Celebration Dinner

REGISTRATION

\$300 per person/\$1200 per foursome

Includes:

Green Fee, Shared Cart, Gift Pack (includes Titleist Pro V1 balls), Lunch, Dinner, and a chance at some great prizes!

SPECIAL GUESTS WILL BE ANNOUNCED SOON!

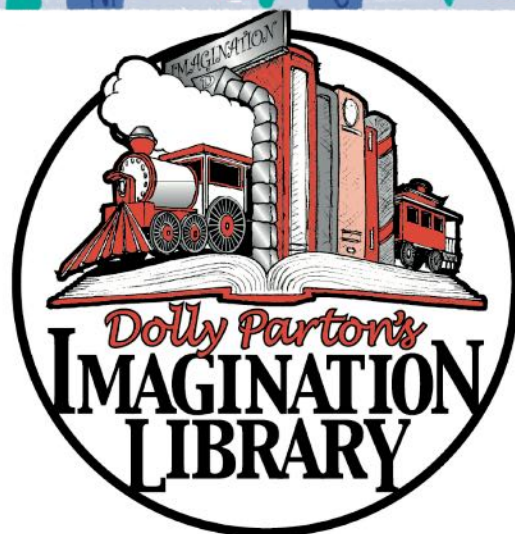
To register, for partnership opportunities, or for more information please contact Jason Restoule:

Phone: (705) 497-9127 • Toll Free: 1-877-702-5200 • Email: an7gc@anishinabek.ca • www.an7gc.ca

All proceeds will go to the Anishinabek Nation 7th Generation Charity

The AN7GC is committed to improving the quality of life of Anishinabek citizens by providing financial support, where no other funding exists, in the areas of Education, Health, Youth, Elders, Culture, Social, Emergency Crisis and Disaster Relief. Registered Charitable #95952471 RR0001

Chi-Miigwech to our partners!



**A MONTHLY BOOK
FREE OF CHARGE**

**FOR CHILDREN AGED
ZERO TO FIVE
LIVING IN CURVE LAKE**

**MELANIEK@CURVELAKE.CA
FOR A REGISTRATION FORM**

Curve Lake Community Market



Fresh, Mostly Local Produce: Not-For-Profit!

THURSDAYS: 10 AM - 2 PM

@ CLFN Business Centre

Beets & Carrots \$3.50 / bunch

Potatoes \$2 / lb

Tomato: \$1

Cherry Tomatoes: \$4 / pint

Zucchini: \$1

Cucumber: \$1.50

Green Onion: \$1

Cooking Onions: \$1 / lb

Lettuce: \$2

Squash: \$1 / lb

Garlic: \$1

Cabbage: \$2.50

Mushrooms: \$2

Peppers: \$1 - \$1.50

Celery: \$2

Cauliflower: \$2.50

Broccoli: \$2

Bananas: \$1 / lb

Pears: \$0.50

Oranges: \$0.50

Berries: \$5

Apples: \$4 / bag

Grapes: \$5

Prices & availability subject to change

MORE INFO? JILL BISHOP

GROWING@NOURISHPROJECT.CA

Please Remember to

WEAR A MASK

**In All CLFN Community
Buildings & Businesses**



MIIGWETCH

& STAY SAFE

WHAT'S IN A NAME? BY "KENNY" JACOBS

Names are a precious thing and names can help to form the type of person we become and the type of life we will live. This isn't always the case but there is some interesting history and relationship to life when looking back a few generations and remembering the names of our great-grandfathers and grandmothers and others in our community. A generation is twenty to twenty five years so we are looking back at least one hundred years. If you are 75 years old then we are talking about the time around the year 1850.

My furthest memory about names is hearing people talk about men with given names such as Abraham, Sampson, Elijah, Noah, Jonas, Joshua, Leviticus and females with names Delilah, Charlotte, Josephine and the very popular Mary. These were names from the Bible and no doubt the parents were influenced by the fact we had a Mission House with missionaries preaching to our people back in the late 1800's. The mission house was located in the southwest corner of our village in the area where former Chief Aubrey Coppaway lived and raised his family. Different forms of Christianity remain with the people of Curve Lake and most believe in the Creator or a creation story of some sort. The first name or given names of many of our children born in the 1800's were influenced by the names in the bible.

The Indian Agents were part of the government controlled by England and this was also a life changing time for our community. The Indian Agent was very influential in the early 1900's and the influence from government continued to the 1950's with the attempts to "take the Indian out of us". The Indian Agent provided parents with a dictionary of sorts that had all of the English names for children with their meanings described. As an example, Leroy was one of the names and the name meant "the King" and it was derived from the French language "Le Roi". Parents could use this dictionary to name their newborn with names common to the English world. The English names Robert, John, Edward, George, Elizabeth, Joan, and Mary were popular.

The name Mary was and still is extremely popular and brought about a fascinating and unique treatment of the name by our community. Families were having more children in the 1900's and it was fairly common to have ten or more children. At that time there were very few surnames with the most prevalent being Taylor, Jacobs, Whetung, Irons and McCue. The children moved from the small world of the family home as they grew older and became part of the community life. It was a little confusing because we had several Marys and a few that would have the same surname. There were a few that had the name Mary Taylor and this in fact was my mother's maiden name. This resulted in the wonderful solution and unique change to identifying the individuals by Mary with the addition of their husbands name replacing a surname. The wonderful names of Mary John, Mary Jim, Mary Dow, Mary Ben and others were used to identify the individuals. There were a couple of other Mary Taylors that I remember as well and they were identified as Mary Alice and Mary Jane. Perhaps Mary Kenneth and Mary Ashley didn't quite work for the family. All of these names have a very pleasant sound to them.

My mother's first name was Mary as well but her parents Russell and Kate Taylor found a different solution. They called her by her middle name Dorothy to avoid some of the confusion. The English meaning of Dorothy is "God's gift" and this was very appropriate for my mother. She married Dalton Jacobs and because of her love of children and her support for recreation the main softball diamond is dedicated to her name Mary Dorothy Jacobs.

Similar to the situation with the name Mary, many of the young men ended up with the same first name and some with the same first and last name. John was an extremely popular name and the most common surname was Taylor so our baseball team might end up with three or four John's on the team. This resulted with another creative solution unique to our community and we ended up with young men with the names John Pot, John Bull, JohnAnse, Johnny and other Johns. We also had Kenneth, Kenny, Kenneese, and Ken. There was also Michael, Mikey, and Mike and each of these variations identified with a specific person. You might see William, Willy, Will, Billy and Bill all at the same gathering and each had the same given name of William but each was identified in a special way.

Nicknames just had to come into play as it does in all small communities. Some of these nicknames are flattering and many have special family stories or meanings that tell how they came about. Sly Fox, Shkin, Makoonse, Governor, Slim, Shoodaa, Shonigin, Shudge, Stick, Wang, Shawsh, , Puckwiss, Shaltee, and Kwe(Qua) are some that I remember. I suppose each of these names has a story behind them as well. Sly Fox was the name we gave Norman Knott because he was so very smart with things related to nature.

He taught us to make bows and arrows from sticks, stones and bark and not use or need any store bought items. He was so patient he learned to hunt birds, small animals and even fish with his bow and arrow. We often camped in the bush overnight and I recall waking one morning and seeing Norman come up from the shore with a bass that had an arrow in its back. We enjoyed another fine meal to start another day of adventure.

It brings pleasure to think back and delve into our memories of happy times and some of the changes that brought us to where we are today.

Sometime during the 1960's our community members began to regain a love and respect for our own culture and the names of the newborn children start to reflect this very positive change. Names that relate to Native or Aboriginal or the new term Indigenous started to be given to the newborn. Names in our own Anishinawbe language started to be given as well. Names such as Cheyenne, Dakota, Sagateh, Nodin, Ashkineeg-kwe, Daamin, Minomin and others brought a new and welcomed attitude to our heritage. This may even be a welcome sign that we are returning to a lifestyle of independence from outside or government influence.

Our population is growing now and into the new century parents are looking to give the children special identity. New names are being created to help them through the rapidly changing world. Unique spellings are being used for traditional names as well. My niece had a baby and when I saw the name Cera I was totally confused until I realized this was simply a new way to spell the traditional name Sarah. Ryver, Ryker, Goldie, and Hunter and Keelan are not common names but names that parents chose to give their children a unique and special place in life.

What is in a name? A name can provide you with some wonderful history and a relationship to our little community known as Oshkigmong. Where else in the world would you find a Shkinwa or Shonigan or Mkoonse, or Shaltee?

Oshkigmong has different English spellings and the translation is "The place where we belong". The families that chose this place to settle made a wise choice.

This trying time during the pandemic gives us plenty of time to think and to dream. This little article has some of my thoughts and memories of the changes that our families have lived through. Your relations and your memories can take you on little trips into the past as well. Keep these little trips happy ones; set your phone down and turn off the TV, then let your memory take you into the past. I forget who said it but a common saying from one elder was "kchi whaasa ga shaw min"(We will go a long way).

I wonder about the names that were used before contact and before the 1800's. There are more than fifty Native languages in Canada and our language of Ojibwe or Nishnaabemwin is one of them. It is nice to wonder and think about names and other parts of our history.

There was the influence of Religion and the Bible to our names and a few continue to name children this way. This took place for a few decades and then the influence of the government and the English affected us for a few decades. There has been a rebirth of sorts and a move back to our own heritage for a few decades and now this generation is creating new names without influence from others. The world will be different in 2050 and I wonder what our great grandchildren will be naming the newborn. And I wonder what kind of world they will create for themselves.

Just something to think about.



ROUTE 31

CURVE LAKE - LAKEFIELD
MONDAY TO FRIDAY EXCEPT HOLIDAYS

OUTBOUND Curve Lake						INBOUND Curve Lake	
	Mississauga at Chemong						Mississauga at Chemong
	Lakefield						Water at Queen
	Water at Queen						Trent University
	Trent University						Bata West Bank
	Bata West Bank						Lakefield
	Lakefield						Water at Queen
	Water at Queen						Curve Lake
	Curve Lake						Mississauga at Chemong
6:45 AM	7:12 AM	7:35 AM	6:20 AM	6:34 AM	8:30 AM		
8:45 AM	9:12 AM	9:35 AM	7:45 AM	7:59 AM	1:00 PM		
1:20 PM	1:47 PM	2:05 PM	12:15 PM	12:29 PM	5:05 PM		
5:20 PM	5:47 PM	6:05 PM	4:15 PM	4:31 PM	7:00 PM		
7:20 PM	7:47 PM	8:05 PM	6:15 PM	6:29 PM	11:00 PM		
10:15 PM			10:15 PM	10:29 PM			
One-Way	Two-Ride	Ten-Ride	Monthly				
\$8	\$15	\$50	\$150				

FARES INCLUDE A TRANSFER TO THE PTBO TRANSIT SYSTEM

CURVELAKEFN

CANADA POST

Monday 12:30 - 5:30 PM

Tuesday 12:30 - 5:30 PM

Wednesday 1:30 - 5:30 PM

Thursday 12:30 - 6:30 PM

Friday 12:30 - 5:30 PM



**Curve
Lake**

**LESS
RESTRICTIONS**

**SAME
VIRUS**

**PLEASE BE
SAFE**

**NWANJ BANGII
NAAKNIGWIN**

**NAASAAB
AAKZIWIN**

**WEWENI SA
GO NAA**

**First
Nation**



NEWSLETTER

BRYDON HILL, COMMUNICATION OFFICER
KEYANA FLINT, GRAPHIC DESIGN INTERN
COMMUNICATION@CURVELAKE.CA

EDITORS

KATIE YOUNG-HADDLESEY
ROBIN STEED



MEMBER INFORMATION UPDATE FORM

.....

Please complete & return this form to reception@curvelake.ca
OR Government Services Building | 22 Winookeedaa Rd

Full Name ★

Date of Birth ★

YYYY

MM

DD

Nickname / Alias

Email Address ★

Status # ★

Phone Number ★

Mailing Address ★

City ★

Province ★

Postal Code ★

COMMUNICATIONS YOU WISH TO RECEIVE ★

MAIL

☐

EMAIL

☐

SIGNATURE

Guardian's Signature If Under 18

DATE

WASTE TRANSFER STATION

Saturday & Sunday 8:30am - 3pm | Monday 8:00am - 12pm | Wednesday 9am - 12pm

WE ACCEPT CLEAN AND DRY TEXTILE ITEMS

Clothing

Bedding

Blankets

Towels

shoes

Boots

Stuffed toys

Backpacks

Jewelry

Purses

PLEASE DO NOT TO LITTER



SAVE CURVELAKEFN

FROM POLLUTION 

PLEASE MAKE SURE NO LOOSE ITEMS CAN FLY OUT OF YOUR VEHICLES

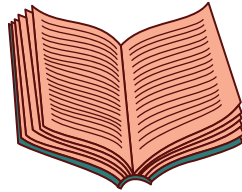
RECYCLE, BE GREEN, BE A DONATING MACHINE

RECYCLABLE FIBRES

**PAPER BAGS, EGG CARTONS,
PAPER TUBES**



**MAGAZINES &
PHONE BOOKS**



**PAPER &
ENVELOPES**



FLATTENED BOXES

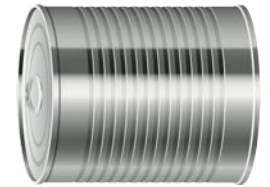


RECYCLABLE CONTAINERS

PLASTIC CONTAINERS



**EMPTY METAL
CONTAINERS**



**GLASS BOTTLES
& JARS**



**PAPER CUPS
(NO LIDS)**



**EMPTY
AEROSOL
&
PAINT
CANS**



**MILK & JUICE
CARTONS**

MIIGWETCH TO THOSE PICKING UP TRASH ON THE SIDE OF THE ROAD



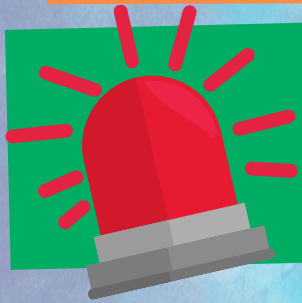
IN CASE

OF



EMERGENCY

ALWAYS



DIAL

911



NON-EMERGENCY

1-888-310-1122

